
$R D=$ Rest day

## = Rota start position

## Hours and Allowances

## Working Hours

Works 296 hours over 8 weeks
Which equates to 37 hours per week ( 37 hours 0 min )

Weekend Hours: Hours between midnight Friday and midnight Sunday
Works 49 hours over 8 weeks
Which equates to 26.61 hours per month ( 26 hours 37 min )

## Allowances

Not eligible for allowances

## I have received, understood and agree to this rota and the terms of the work life balance Scheme.

## Checking

| Night Allowance - Not eligible - 0\% equivalent | Meets Criteria |
| :---: | :---: |
| Paid for all hours worked between 20:00 and 6:00 | No |
| Is not eligible for a higher amount of irregular working | No |
| Irregular hours (before 07:00 or after 18:30) |  |
| 7.5\% of Salary - Not eligible |  |
| Paid if irregular hours amount to an average of 4 to 7 hours per week | No |
| Night allowance is less than 7.5\% equivalent | Yes |
| 10\% of Salary - Not eligible |  |
| Paid if irregular hours (before 07:00 or after 18:30) amount to an average of 8 or more hours per week | No |
| Night allowance is less than 10\% equivalent | Yes |
| Shift Allowance (12.5\%) - Not eligible |  |
| Does the shift pattern involve 11 hours or more and less than or equal to 14 hours between earliest start time and latest finish time | Yes |
| Is there at least four hours between the starting times of the earliest and latest shifts | Yes |
| At least half of the shifts in the shift cycle include some unsocial hours | No |
| Shift Allowance (14\%) - Not eligible |  |
| Does the shift pattern involve more than 14 and less than 18 hours between earliest start time and latest finish time | No |
| Is there at least four hours between the starting times of the earliest and latest shifts | Yes |
| At least half of the shifts in the shift cycle include some unsocial hours | No |
| Shift Allowance (20\%) - Not eligible |  |
| Does the shift pattern involve 18 hours or more between earliest start time and latest finish time | No |
| Is there at least four hours between the starting times of the earliest and latest shifts | Yes |
| At least half of the shifts in the shift cycle include some unsocial hours | No |

