

Rota for:

NOT PROTECTIVELY MARKED

Collar Number							Full Name			PCRO - Full Time 37 hours			Rota Length		30	weeks	Pay Reference						
Effective Date							Starting on week number																
	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday			Total	
Week	From	To	Refs	From	To	Refs	From	To	Refs	From	To	Refs	From	To	Refs	From	To	Refs	From	To	Refs	HH:MM	
1	07:00	16:00	00:50	07:00	17:00	01:00	12:00	22:00	01:00	12:00	22:00	01:00	18:00	04:00	01:00	18:00	04:00	01:00	RD			53:10	
2	RD			RD			08:00	16:20	00:45	09:00	19:00	01:00	09:00	19:00	01:00	15:00	00:00	00:50	15:00	00:00	00:50	41:55	
3	21:00	07:00	01:00	21:00	07:00	01:00	RD			RD			RD			RD			07:00	16:00	00:50	26:10	
4	07:00	17:00	01:00	12:00	22:00	01:00	12:00	22:00	01:00	18:00	03:00	00:50	18:00	04:00	01:00	RD			RD			44:10	
5	RD			RD			09:00	19:00	01:00	09:00	19:00	01:00	15:00	00:00	00:50	15:00	00:00	00:50	22:00	07:00	00:50	42:30	
6	22:00	07:00	00:50	RD			RD			RD			RD			07:00	17:00	01:00	07:00	17:00	01:00	26:10	
7	12:00	22:00	01:00	12:00	22:00	01:00	18:00	03:00	00:50	18:00	03:00	00:50	RD			RD			RD			34:20	
8	RD			09:00	19:00	01:00	09:00	19:00	01:00	15:00	00:00	00:50	15:00	00:00	00:50	21:00	07:00	01:00	21:00	07:00	01:00	52:20	
9	RD			RD			RD			RD			07:00	17:00	01:00	07:00	17:00	01:00	12:00	22:00	01:00	27:00	
10	12:00	22:00	01:00	18:00	03:00	00:50	18:00	03:00	00:50	RD			RD			RD			RD			25:20	
11	09:00	19:00	01:00	09:00	19:00	01:00	15:00	00:00	00:50	15:00	00:00	00:50	21:00	07:00	01:00	21:00	07:00	01:00	RD			52:20	
12	RD			RD			RD			07:00	16:00	00:50	07:00	17:00	01:00	11:00	21:00	01:00	11:00	21:00	01:00	35:10	
13	18:00	03:00	00:50	18:00	03:00	00:50	RD			RD			RD			RD			09:00	19:00	01:00	25:20	
14	09:00	19:00	01:00	15:00	00:00	00:50	15:00	00:00	00:50	21:00	07:00	01:00	21:00	07:00	01:00	RD			RD			43:20	
15	RD			08:00	16:20	00:45	07:00	16:00	00:50	07:00	17:00	01:00	11:00	21:00	01:00	11:00	21:00	01:00	21:00	07:00	01:00	51:45	
16	21:00	07:00	01:00	RD			RD			RD			RD			09:00	19:00	01:00	09:00	19:00	01:00	27:00	
17	15:00	00:00	00:50	15:00	00:00	00:50	22:00	07:00	00:50	22:00	07:00	00:50	RD			RD			RD			32:40	
18	RD			07:00	16:00	00:50	07:00	17:00	01:00	11:00	21:00	01:00	11:00	21:00	01:00	22:00	07:00	00:50	22:00	07:00	00:50	51:30	
19	RD			RD			RD			RD			09:00	19:00	01:00	09:00	19:00	01:00	16:00	02:00	01:00	27:00	
20	15:00	00:00	00:50	21:00	07:00	01:00	21:00	07:00	01:00	RD			RD			RD			RD			26:10	
21	07:00	16:00	00:50	07:00	17:00	01:00	11:00	21:00	01:00	11:00	21:00	01:00	22:00	07:00	00:50	22:00	07:00	00:50	RD			51:30	
22	RD			RD			RD			07:00	16:00	00:50	07:00	17:00	01:00	12:00	22:00	01:00	12:00	22:00	01:00	35:10	
23	22:00	07:00	00:50	22:00	07:00	00:50	RD			RD			RD			RD			07:00	16:00	00:50	24:30	
24	07:00	17:00	01:00	11:00	21:00	01:00	11:00	21:00	01:00	22:00	07:00	00:50	22:00	07:00	00:50	RD			RD			43:20	
25	RD			RD			07:00	16:00	00:50	07:00	17:00	01:00	12:00	22:00	01:00	12:00	22:00	01:00	18:00	03:00	00:50	43:20	
26	18:00	03:00	00:50	RD			RD			RD			RD			07:00	17:00	01:00	07:00	17:00	01:00	26:10	
27	11:00	21:00	01:00	11:00	21:00	01:00	21:00	07:00	01:00	21:00	07:00	01:00	RD			RD			RD			36:00	
28	RD			07:00	16:00	00:50	07:00	17:00	01:00	12:00	22:00	01:00	12:00	22:00	01:00	18:00	04:00	01:00	18:00	03:00	00:50	52:20	
29	RD			RD			RD			RD			07:00	17:00	01:00	07:00	17:00	01:00	11:00	21:00	01:00	27:00	
30	11:00	21:00	01:00	22:00	07:00	00:50	22:00	07:00	00:50	RD			RD			RD			RD			25:20	
FD = Free day																						1110:00	

FD = Free day
RD = Rest day
= Rota start position

Hours and Allowances

Working Hours

Works 1110 hours over 30 weeks
Which equates to 37 hours per week (37 hours 0 min)

Weekend Hours: Hours between midnight Friday and midnight Sunday

Works 314.83 hours over 30 weeks
Which equates to 45.6 hours per month (45 hours 36 min)

Allowances

Eligible for shift allowance (20/)

I have received, understood and agree to this rota and the terms of the work life balance Scheme.

Signed: _____ Date: _____